

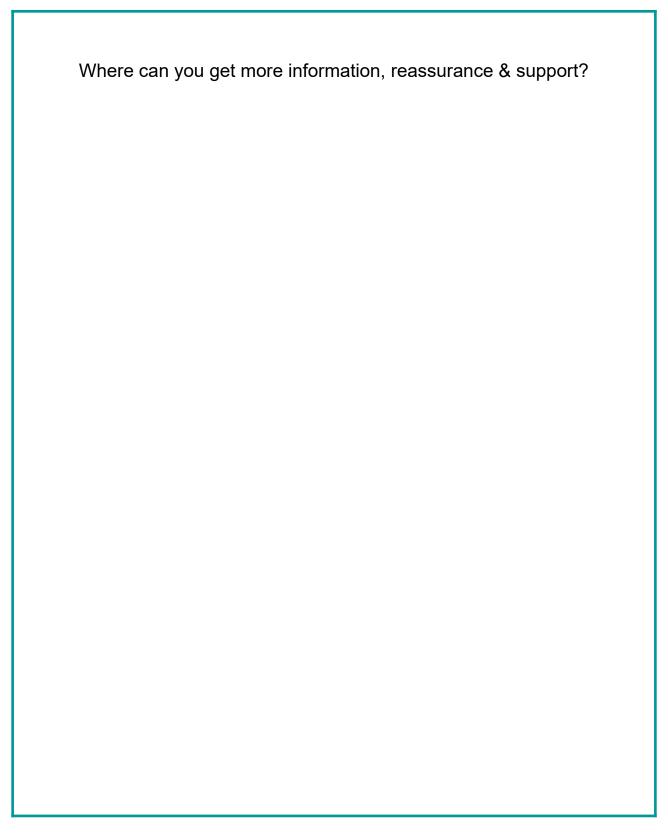
The 4th Trimester Let's focus on the early days and weeks with your baby

Let's locus off the early days and weeks with your baby
If you are pregnant – how can you prepare? If your baby is here – how's it going and how do you feel about life with your baby?

Your baby's needs in those early weeks		
What does your new baby need?	How can you meet those needs?	

Your needs in those early weeks		
What do you need?	How can you meet those needs?	

What questions or concerns do you have about life with a new baby?	



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