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WORKING WITH PARENTS SINCE 2002

# What Does Your New Baby Need?

## **To feel safe..**

with skin-to-skin cuddles  
to be held & carried  
with rocking & movement  
to be responded to  
with eye contact & noise

## **To be comfortable...**

dry & clean – sleep – warmth – food

## **To be with you**



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# Meeting Your New Baby's Needs

**How do you feel about what your baby might need?**

**What coping strategies, support & reassurance might you need?**